

**“RUN FOR THE ROSES”  
24th Annual 5K Run/Walk  
Saturday, August 24, 2019  
(Rain or Shine)**

**Course:** Starting at the Honesdale High School Track Complex off Terrace St., winding 5 Kilometers (3.1 miles) through scenic Wayne County, along Lake Cajaw and finishing at the Track Complex.

**Race & Walk:** 7:30 to 8:45 am: Race registration and packet pick up

**Schedule:** 8:55 am Call to starting area  
9:00 am Race & Walk starting time

**Entry Fee:** (Make checks payable to Habitat for Humanity of Wayne County)

**Pre-registration: \$20.00 Pre-Registration ensures participant will receive a T-Shirt.**

**All Pre-Registration due: No later than Aug 9, 2019. Register online at**

<https://runsignup.com/Race/PA/Honesdale/HABITATFORHUMANITYRUNFORTHEROSES> or mail registration form.

**Race day registration: Students \$20, all others \$25.00** (Family Discount) \$5 for each Additional Family Member after first three.

**Awards:** Trophies will be awarded to the first-place-overall male and female finishers.

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place male and female Runners in designated age groups.

Award will be given to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place walkers (not by age group)

**POST RACE:** Race awards presentation

**Wayne County 5k Challenge Run/Walks**

**Challenge yourself to run or walk 5 unique and competitive 5K races in Wayne County at a special 5K challenge rate. \$65 per person includes race fees for all 5 races and a 5K Challenge Shirt. 2018 Race Dates are as follows:**

June 8th – **Roy Thorpe Memorial 5K Run** – 9 a.m. - Benefits: The Waymart Lions Club

Location: R.D. Wilson Elementary School, Waymart

July 20th – **Dr. William Perkins Memorial Events** – 8:30 a.m. - Benefits: Honesdale Track & Field and Cross Country Teams

Location: Wayne County Fairgrounds, Honesdale [www.perkinsrun.com](http://www.perkinsrun.com)

August 24th – **Habitat for Humanity Run for the Roses** – 9 a.m. - Benefits: Wayne County Habitat for Humanity [www.hfhwcpa.org](http://www.hfhwcpa.org)

Location: Wayne Highlands School District Sports Complex

September 14th – **Wayne County YMCA 5K Run** – 9 a.m. - Benefits: Wayne County YMCA [www.ymcawayne.com](http://www.ymcawayne.com)

Location: Wayne Highlands School District Sports Complex

October 5th – **Hawley Library 5K Run** – 9 a.m. - Benefits: Hawley Public Library [www.waynelibraries.org](http://www.waynelibraries.org)

Location: Bingham Park, Hawley

**Register on line at:** [www.wc5kc.com](http://www.wc5kc.com) or **Sign up in person:** Roy Thorpe 5K on 6/8 by 8:15 AM.

**Make checks payable to:** Wayne County 5K Challenge

**Questions:** Ryan French 570-647-7069

**Race bags and shirts** will only be given for races that you participate in.

**Prizes** All Wayne County 5K Challenge participants will be entered into a prize drawing that will take place after the Hawley Public Library race on October 5, 2019. One lucky male and female Wayne County 5k Challenge participant will each win a grand prize of \$200.

**2019 5K Run/Walk – August 24, 2019**

**Entry Form**

**Complete and return to:**

Honesdale High School  
459 Terrace Street  
Honesdale, PA 18431  
(570) 470-1676

Please make checks payable to: Habitat for Humanity of Wayne County, PA

**- Please Print Clearly -**

Name \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F (circle one)

Address \_\_\_\_\_ Town: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

\_\_\_\_\_Walk \_\_\_\_\_Run (check one) T-Shirt (circle one) S M L XL (sizes based on availability)

In consideration of the acceptance of my participation in the Habitat for Humanity of Wayne County 5K Run/Walk, I, the undersigned, intend to legally bound hereby waive and release for myself, my heirs, executor, and administrators any and all rights and claims for damages, demands and actions whatsoever, including negligence, which I may have against the Wayne Highlands School District, all sponsors, all volunteers, and supporters and those entities, representatives, successors, and assigns, arising out of my participating at their event, including any and all injuries suffered by me as a result of this event. I certify that I am physically fit and have sufficiently trained for this event.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or guardian signature required if under 18 years of age)